

Walk Kansas 2010

An 8-week healthy lifestyle challenge!

March 7 - May 1



Walk Kansas
a fitness challenge

Walk Kansas is a team-based program that will help you and others lead a healthier life by being more active, making better nutrition choices, and learning positive ways to deal with stress.

You can participate by gathering a team of 6 people, register the team in your local program, and start your journey toward a healthier life!

General information about Walk Kansas is available at:

www.walkkansas.org

For local program information, contact:

Butler County Extension Office
316-321-9660 or 800-894-1131
broths@ksu.edu www.butler.ksu.edu

Cost per participant: \$7.00



Kansas State University Agricultural Experiment Station and Cooperative Extension Service

HEAD START CENTERS

AUGUSTA & ADMINISTRATION OFFICES

730 Cliff Drive, Augusta, KS 67010
316-775-3000 or 1-800-281-6373

BLUESTEM HEAD START

625 Mill Road, Leon, KS 67074
316-745-9251

EL DORADO HEAD START

110 West Third, El Dorado, KS 67042
316-321-5631 or 320-5693

EUREKA HEAD START

1015 N. Jefferson, Eureka, KS 67045
620-583-6535

GREAT BEND HEAD START

Washington School
2535 Lakin, Great Bend, KS 67530
620-793-1508

HALSTEAD DRAGON HEAD START

221 West 6th, Halstead, KS 67056
316-835-2275

HOISINGTON HEAD START

352 W 12th Hoisington, KS 67544
620-653-4600

LYONS HEAD START

508 East Avenue South, Lyons, KS 67554
620-257-2354

COOPER EARLY EDUCATION CENTER

816 Oak, Newton, KS 67114
316-284-6510 or 866-284-6510

LARNED HEAD START

Hillside Elementary School
502 W. 5th Larned, KS 67550
620-285-3333

COMMUNITY SERVICES

Butler County

730 Cliff Drive, Augusta KS 67010
316-775-3000, 1-800-281-6373

Chase County

PO Box 117, 301 S Walnut, (In Health Dept.)
Cottonwood, Falls KS 66845
620-273-8351

Cowley/Harper County

Strother Field Workforce Development Center
22215 Tupper, Winfield, KS 67156
620-221-1000 Ext. 104, 1-800-326-0141 Ext 104

Greenwood County

703 N Main, Eureka, KS 67045
620-583-6860

Harvey County:

PO Box 641, 124 W. 6th
Newton, KS 67114, 316-283-3850

Marion County

P O Box 195, 104 N. Fifth
Marion, KS 66861, 620-382-8807

Reno County

400 West 2nd, Suite A
Hutchinson, KS 67501, 620-662-7020

Rice County

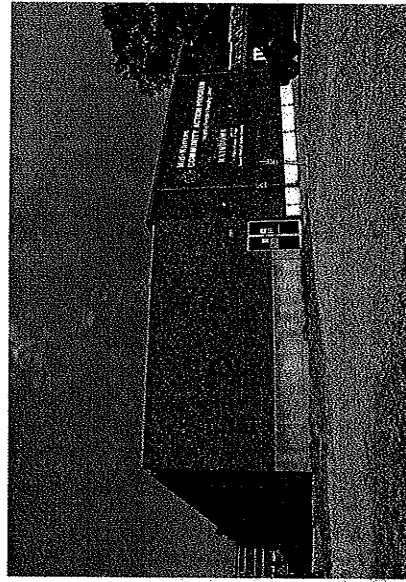
117 West Ave South, Lyons, KS 67554
620-257-5153

Sumner/Kingman County

1116 West 8th Ave., SRS Building
Wellington, KS 67152
620-326-7439 Ext. 208



Helping People. Changing Lives.



Administrative Offices

730 Cliff Drive

Augusta Kansas 67010

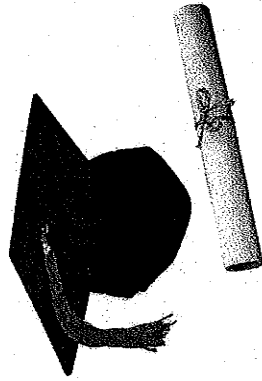
316-775-3000

800-281-6373

MID-KANSAS COMMUNITY ACTION PROGRAM, INC is one of eight Community Action Programs in Kansas.

Historically, Community Action has been an advocate of low income families/individual and has responded to their needs at the local, regional and state levels.

Our mission: Mid-Kansas Community Action Program is dedicated to helping people move from poverty to self-sufficiency.

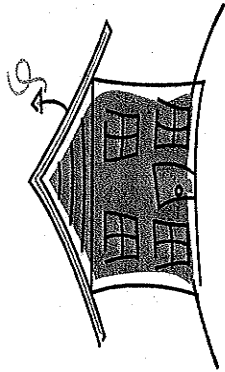


Mid-KS Cap, Inc. has programs that assist low income individuals/families, and the community in general. Programs and services are based on the needs of the community and availability of funding. All programs follow income guidelines and are subject to rules and procedures of the funding source. Due to the availability of funding, not all programs and services are available in all of the counties served by Mid-KS CAP, Inc.

In conjunction with:
Kansas Housing Resource Corporation
using Community Services Block Grant.

COMMUNITY SERVICES

- Community Partnerships
- Case management program
- *individualized planning including employment, education and budgeting
- *Includes goal setting

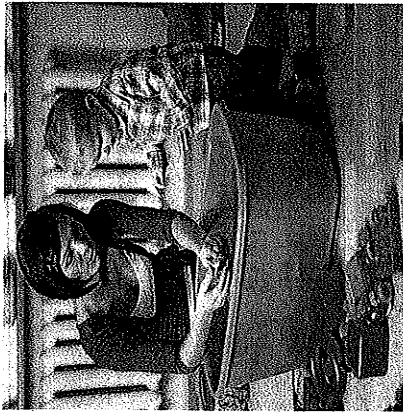


- *Asset development programs
- *Emergency assistance programs
- *Personal hygiene pantry
- *Variety of workshops and trainings
- *Parenting classes

HOUSING PROGRAM

- *Community Housing Development Organization
- *16 units in four counties

Mid-Kansas Community Action Program, Inc. is an equal opportunity program. If you believe you have been discriminated against because of race, color, national origin, age, sex, or handicap, write immediately to the Secretary of Agriculture, Washington, D. C. 20250.

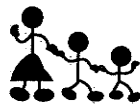


HEAD START

Head Start programs promote school readiness by enhancing the social and cognitive development of children through the provision of educational, health, nutritional, social and other services to enrolled children and families. They engage parents in their children's learning and help them in making progress toward their educational, literacy and employment goals. Significant emphasis is placed on the involvement of parents in the administration of local Head Start programs.

**PARENTS ARE A CHILD'S FIRST
TEACHER**

The Incredible Years



For parents of children ages 2 to 8 years old.

All activities provided at no cost

- Parent training activities
- Child care provided
- Free family meal

PROVEN EFFECTIVE
by The center for the Study and
Prevention of Violence

"I have learned several strategies to strengthen the self-esteem and overall emotional health of myself and my children." - *Father of 3yr. and 4yr. olds*

"It helps you see you are not alone." - *Butler County Mother of 5yr. old*

Are your kids stressing you out?

Call (316) 320-1342 or (316) 323-4501 to learn more about Incredible Years classes in Butler County.

in collaboration with



Smart Start of
Butler County

Incredible Years

Teaching parents new and different ways to help their child feel good about themselves, make and keep friends, do better in school and get into less trouble.

Parenting
can be tough.

So can
being a kid.

12 weekly sessions
held in Andover
beginning Monday,
February 22.

Meal at 5:30 p.m.
Class 6 - 8 p.m.
Free child care.

Funding Source
Kansas Children's Cabinet
and Trust Fund

Smart Start Update for 2009

Smart Start Grant

- Supplements
 - Grants to Existing Providers (\$250) – 5 / 5
 - Start-Up Grants (\$500 - \$1,000) – 3 / 5
 - Infant Care Supplements (\$100 / week) – 4 / 4
- Incredible Years Parent Training Series – 2 sessions (both in El Dorado)
 - 3 child care providers
 - 2 instructors
 - 1 caterer
- Free Trainings for Child Care Providers
 - Outdoor Education
 - Literacy
 - Positive Behavior Support
 - Mandated Reporting
- Pay for providers and staff to attend conferences and trainings (\$650)
 - Providers
 - 5 local providers to KAEYC
 - 2 local providers to other area training
- KACCRRRA
 - KQRS – 28 / 31 classrooms
 - WAGES - 18 / 19 participants
- Butler Dads
 - 2 / 2 events
 - State Fatherhood Conference – sent 2 community members
- Smart Start Resource Library – 157 items loaned
- ButlerKids.org – 4,492 hits
- Mental Health Specialists – 1 / 1.5
 - Child Care Providers
 - Parents/Guardians
 - Community Trainings
- BCC Early Childhood Scholarships - \$4,500 (25, 3 hr classes – tuition, not fees)
- Community Awareness
 - Smart Start Pens
 - Website
 - Rainbows Readers
 - Flyers for trainings
 - Disbursement of flyers for partners

Early Childhood Block Grant

- Supplements/Scholarships
 - Child Care Scholarships (\$50 / week) – 20 / 20 children
 - At-Risk Infant Care Supplement – 3 / 3
 - Special Needs Care Supplement – 3 / 3
- Mental Health Specialist – 1 / 1
 - Child Care Providers with intensive work in the classroom
 - Parents/Guardians

Smart Start 2010

Smart Start Grant

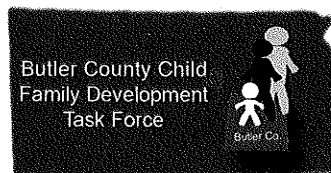
- Supplements
 - Grants to Existing Providers (\$300) – 10
 - Start-Up Grants (\$500 - \$1,000) – 4
 - Infant Care Supplements (\$100 / week) – 4
- Incredible Years Parent Training Series – 3 sessions
 - 4 child care providers
 - 2 instructors
 - 1 caterer
- Free Trainings for Child Care Providers
- Pay for staff and providers to attend conferences and trainings (\$3,500)
- KACCRRRA
 - KQRS – 28 classrooms
 - WAGES\$ - 19 participants
- Butler Dads
 - 3 events
 - State Fatherhood Conference – send 3
- Smart Start Resource Library
- ButlerKids.org
- Mental Health Specialists – 1
- BCC Early Childhood Scholarships - \$11,850 (50, 3 hr classes – tuition and fees)
- Community Awareness
- Strategic Planning

Early Childhood Block Grant

- Supplements/Scholarships
 - Child Care Scholarships (\$50 / week) – 20 / 20 children
 - At-Risk Infant Care Supplement – 3 / 3
 - Special Needs Care Supplement – 3 / 3
- Mental Health Specialist – 1 / 1
 - Child Care Providers with intensive work in the classroom
 - Parents/Guardians

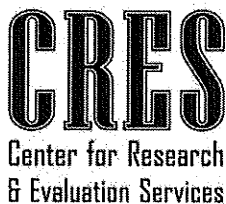


Smart Start of
Butler County



Butler Dads

Kids Spell LOVE, T-I-M-E



Kansas Early Childhood Block Grant Project for the Wichita Metropolitan Statistical Area

Summary Evaluation Status as of December 5, 2009

The Kansas Early Childhood Block Grant Project grant application requested funding related to program priorities identified by the Visioneering Wichita Birth to K Alliance, which is a collaborative effort involving the four county Wichita Metropolitan Statistical Area (MSA) consisting of Sumner, Harvey, Butler and Sedgwick counties. The project's primary partners include Sedgwick County's Child Start, Rainbow's United, Greater Wichita YMCA, Wichita Mental Health Association, and the Wichita Child Guidance Center, and; Sumner County's Futures Unlimited and Sumner County Mental Health Center; Harvey County's Communities in Schools and Newton Community Child Care Center, Inc.; and Butler County's Smart Start.

Program evaluators monitored grant activities throughout the first year of the grant based on monthly reports submitted by partners. The result of the monthly reports were aggregated in a master file which was shared with Jim Garrett outlining progress being made by partners toward meeting indicators written for each of the goals below.

MSA partners will work collaboratively to:

- 1. Expand quality child care services in the MSA to meet the needs of at-risk children not currently served.*
- 2. Expand and/or create social-emotional and mental health services (both direct services and consultation to families and providers) in the MSA to meet the needs of at-risk children and families currently not being served.*
- 3. Facilitate a high quality, efficient delivery system that will provide child care and early education, mental health services, parent support and education.*

Following is a brief summary of information provided by partners on monthly reports relevant to each of the goals and their associated objectives and indicators from January through November 2009, representing a time period that covers approximately 92% of the first year's grant cycle. This update provides information related to the number of children, families, and childcare professionals who received services and information through the grant. It does not, however, provide final results related to grant outcomes. A report containing final outcome results is scheduled to be published in January of 2010.

Current Status

Results reported under each goal area below are based on original projected numbers of anticipated participants included in the year-one proposal. Multiple partners were responsible for providing services included in each goal.

Goal 1: Goal 1 objectives involved (1) providing additional quality infant-toddler and pre-school care to children, (2) improving early care and educational environments, and (3) training and supporting the use of evidence based strategies for classroom and child environmental management.

Indicators 1.1.1 and 1.1.2 called for Partners to add 77 child care slots to serve previously un-served children in licensed care facilities. Five partners filed monthly reports indicating a total of 138 children received services. After Rainbows declared bankruptcy and closed its infant toddler classrooms mid-year, ten slots were transferred to the YMCA for the remaining four months of the grant year, bringing their total number of slots to 30. Starting in September 2009, the YMCA provided infant toddler services to 51 additional children for the remainder of the grant year, which represented an equivalent of 12 children being served the entire year. By combining the YMCA and Rainbows slots, it was determined 32 slots were maintained during the year compared to the 30 slots they had been allocated. Participation data reported from the remaining three partners indicate they maintained placement in a total of 47 slots throughout the year bringing the grand total of new placement slots consistently maintained during the year to 79 (103%). All newly identified children were served in fully licensed programs within the MSA.

Indicator 1.2.1 projected 45 classrooms would implement either *I Can Problem Solve* (ICPS) or *Conscious Discipline* (CD) programs to demonstrate improvement in early care and educational environments. Currently, fourteen (31% of projected) classrooms have been reported as implementing either ICPS or CD. Data reported show a total of 190 children are currently assigned to ICPS or CD classrooms, which represents 90% of the 212 children projected to benefit from these programs. Although the number of classrooms projected falls short of the 80% target, the number of children being served exceeds the number projected for involvement in the ICPS or CD programs. Results regarding whether 70% of the children decreased disruptive behaviors as called for in **Indicator 1.2.2** have not been finalized.

Goal 2: Goal 2 objectives involved providing (1) positive behavior support and mental health consultation in child care facilities and homes, (2) mental health support and services for children whose behaviors put them at risk of being expelled from their child care placement, and (3) support and training to mental health providers aimed at increasing their capacity to provide early childhood mental health services to at-risk children and families.

Indicator 2.1.1 is based on improving the educational environment in a projected 18 classrooms. Data reported show a total of 27 (150%) classrooms are currently receiving support through the Positive Behavior Support program developed by the Center for Positive Behavioral Support Research & Development- University of Kansas. **Indicator 2.1.2** called for 215 children to be served in these classrooms. By November 2009, 229 children had been identified for a 107% rate of participation. **Indicators 2.1.3 –2.1.6** called for improvements in (1) parents' understanding of child development, (2) parents' relationship with their child, and (3) behaviorally challenged children demonstrating

improvement in their social-emotional behaviors. Currently, there are limited data available to assess the number of participants who are being served. Pre- and post- data for some family survey ratings related to whether children's behaviors have improved as a result of participating in classrooms or programs provided through the grant will not be available until all post- surveys have been administered.

Data related to **Indicator 2.2.1** show partners have identified more than the originally projected number of children who potentially could be expelled from their day care programs. Data are currently being collected to determine if the interventions provided by those partners allowed children to remain in their current placements.

Activities designed to provide support to families through a subcontract with WSU were discontinued due to lack of referrals. No usable data were provided for **Indicators 2.3.1 - 2.3.3** to determine the number of children and families initially served or to determine if activities provided helped parents improve their relationships with their children.

Objective 2.4 and its indicators related to professional development training for two separate groups. The first group involved MSA partners (**Indicator 2.4.1**). These partners were provided with seven professional development sessions between June and the end of November 2009. A total of 116 individuals attended the sessions where such topics as DECA-Empathy scales, social/emotional wellness in infants, the mental health of mothers and effects on children, and relationship training were presented. The targeted number (25) of MSA participants in these professional development activities were exceeded and feedback from participants indicated the presentations were, in general, well done and valued.

The second group, involving Parents as Teachers partners (**Indicator 2.4.2**), has been addressed with nine professional development sessions attended by 67 individuals. Session topics included stress in the workplace, mental health of mothers and the effects on children, postpartum mood disorders, bonding, attachment, and relationship training. As with MSA partners, the targeted number (45) of participants from PAT was exceeded, and feedback from participants indicated a majority of participants felt the sessions were above average to excellent.

Goal 3 focused on connecting with and strengthening child care and mental health partnerships within the MSA. **Objective 3.1** included four indicators, which addressed (1) distributing screening information to parents of young children, (2) developing plans for Butler and Harvey Counties for the distribution of scholarships to families and supplemental funds to child care providers, (3) developing standards and providing quality child care information to providers, and (4) advocating for quality child care to key stake holders within the community. The indicators were addressed through monthly narrative reports from MSA partners. Specifically:

Indicator 3.1.1: Narrative responses show all 10 partners have taken measures at least once during the year to provide materials or information to parents that promoted the benefits of early childhood screening. Narrative entries addressing this indicator

described activities involving development of brochures, participating in various community programs, distributing materials and information to parents (including the use of media), having discussions, making referrals, sending newsletters, and more.

Indicator 3.1.2: County-wide plans for accessing supplemental and scholarship funds were developed by both Butler and Harvey Counties during the early months of the grant, thus meeting this indicator. The three responsible agencies continued to periodically report their efforts to promote the availability of funds through the established application process by collaborating with other programs and agencies to help spread the information in their communities.

Indicator 3.1.3: MSA partners agreed, since standards for quality child care were already available through Kansas Association of Child Care Resource and Referral Agencies (KACCRRRA) and other agencies, there was no need to develop new standards. Instead, efforts focused on the distribution of information about what constitutes quality child care to MSA affiliated agencies. Nine partners reported a total of 35 activities conducted from January through November including workshops/trainings, presentations, planning, distribution of materials, and sharing information through various media.

Indicator 3.1.4 relates to providing information about the compelling message of “investing in early childhood...” to key community stakeholders including county leadership and non-traditional service entities. Through November 2009, eight of the ten partners reported 37 instances of attempting to deliver the compelling message to community stakeholders. Activities reported included presenting to local groups and agency boards, participating in events at the state level, and providing information for parents and the community at large.

Overall, narrative reports show all 10 partner agencies have been involved in activities designed to strengthen child care and mental health partnerships within the MSA. However, reports from some partners did not include specific numbers of individuals who were provided information or who attended presentations. This lack of consistency made it difficult to report overall numbers of parents, child care providers, or stakeholders who had been involved in Goal 3 activities.

In summary, data collected through November of 2009 indicate partners have made continuous progress involving child care providers, teachers, children, parents and community members according to the grant’s implementation plan. Evaluators have collaborated with the grant facilitator on a monthly basis to identify areas where targets were being met as well as areas needing attention in verifying numbers of participants and in collecting baseline data necessary to assess the impact of grant activities related to the three goal areas. Members of the evaluation team also met with partners at the end of the 3rd quarter to discuss project goals and clarify any questions partners had related to submitting final data needed to document and demonstrate year-one accomplishments. Final partner data reports are due by December 15, 2009. A report containing final year-one outcome results is scheduled to be published in January of 2010.

Building our future: **Right from the start**

A community initiative of Visioneering Wichita Birth - K Alliance and United Way of the Plains,
in collaboration with Butler, Harvey, Sedgwick and Sumner Counties.

December 2009

Birth-K Alliance Early Childhood Block Grant Report to the Community

Visioneering Birth-K Alliance is pleased to share information to date on the community's investment related to the Early Childhood Block Grant for 2009. Upon receipt of an award totaling \$1.2 million for early childhood initiatives in the Wichita MSA, Alliance partners began the process of implementing grant objectives in Butler, Harvey, Sedgwick and Sumner Counties with two simple yet critical priorities:

Our highest priorities

- ✓ Increased access to child care and establish higher quality early care environments; and
- ✓ Increased access to mental health services for children with social, emotional and behavioral difficulties

Our status

The official evaluation report conducted by Wichita State University is expected by spring 2010. The report will detail the level of success in achieving our stated priorities. To date, the following report on grant outputs is offered to communicate the status of our activities.

Summary across four county MSA

<i>Number of individuals positively impacted</i>	<u>Annual Projected</u>	<u>Actual to Date</u>
Children ages 0-5:	774	979
Early Childhood Providers:	155	179
Professionals Trained:	70	101

Butler County

- Providing scholarships to allow 20 children access to quality child care
- Expanding infant, toddler and special needs child care slots through scholarships by 6
- Providing early childhood mental health training and consultation to 6 early childhood professionals
- Providing early childhood mental health intervention to 19 children

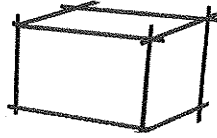
Harvey County

- Providing scholarships to license 2 new providers for quality early care
- Expanding infant, toddler and special needs child care slots through scholarships by 6
- Providing intensive early childhood mental health consultation, training and mentoring to 5 early childhood professionals

Making Kansas the *best state* in the nation to raise a child.



Building our future:



Right from the start

A community initiative of Visioneering Wichita Birth - K Alliance and United Way of the Plains,
in collaboration with Butler, Harvey, Sedgwick and Sumner Counties.

Harvey County (cont.)

- Providing early childhood mental health screenings for 57 children
- Providing early childhood mental health assessments and intervention to 18 children

Sedgwick County

- Providing technical assistance to raise quality early care in 18 child care homes or centers
- Enrolling 17 new children in Early Head Start
- Providing scholarships to allow 117 children access to quality early care
- Funding 32 children in quality Pilot Pre-K classrooms
- Implementing "I Can Problem Solve" socialization curriculum with 10 early childhood settings and training for 22 early childhood professionals
- Expanding infant and toddler child care slots through scholarships by 56
- Providing training and assistance to 36 early care providers and conducting 218 mental health screenings
- Providing early childhood mental health assessments to 35 children
- Providing early childhood mental health intervention to 19 children
- Developing and providing mental health individualized treatment plans for 38 children

Sumner County

- Providing technical assistance to license 2 new providers for quality early care
- Expanding infant, toddler and special needs slots through scholarships by 5
- Providing early childhood mental health training for 9 providers
- Providing 156 early childhood mental health screenings
- Providing 44 children with direct early childhood mental health intervention
- Increasing quality child care services for 40 children in Early Head Start and 6 children in Head Start



Making Kansas the *best state* in the nation to raise a child.

Stories of transformation...

Once frustrated, now flourishing

Butler County

“The input from [Kathy’s] visits during the children’s day is especially helpful and gives us a different, more positive view of the children and their behaviors. She gives us a better perspective of the children. We now have so many tools to teach children about how their feelings influence their actions.”

--Early Childhood Teacher, EduCare Center

Once closed, now confident...

Harvey County

“Our community faced the closure of a key early childhood center. This grant allowed us to launch Newton Community Child Care which maintained quality care for 81 children. Most importantly, grant funded programs have resulted in decreased challenging behaviors. I think of one teacher who has been completely transformed. She is now in tune with the children in her care and able to head off bad behaviors before they start.”

--Heidi Collins, Newton Community Child Care

Once embarrassed now empowered...

Sedgwick County

“The teenage parents who find themselves ill-equipped, homeless and alone now have partners in learning nurturing early care and financial support for living independently.”

--Walt Thiessen, Wichita Child Guidance Center

Once struggling, now self sufficient...

Sumner County

“The story of our parent who was given access to quality child care exemplifies how this investment pays long term rewards. The mother is now going back to school and equipped for the first time with the resources she needs for her family to be successful. This seemingly small gift has given her family a life they never would have imagined or achieved.”

--Shirley Theurer, Futures Unlimited

Making Kansas the best state in the nation to raise a child.

